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Fritz Perls, Person-Centered by Carl Rogers, Adlerian- Alfred Adler

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Humanistic: Humanistic counseling theories hold that people have within themselves all the resources they need to live healthy and functional lives, and

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that problems occur as a result of restricted or unavailable problem-solving resources.

## **Counseling Theories and Approaches**

Psychoanalysis Jungian Theory Person-Centered Counseling Who? Carl Rogers Adlerian Theory Counseling Theories

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Psychoanalysis/Psychodynamic Theory.

Psychoanalysis or psychodynamic theory, also known as the “historical

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perspective,"... Behavioral Theory. Behavioral theory is based on the belief that behavior is learned. Classic conditioning is one type... Cognitive ...

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A theory with a positive view of human nature; A form of psychotherapy loosely



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based on Freud's theory and neuroscience; A user-friendly theory; All of the answers describe transactional analysis

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chapter questions and find Theory and Practice of Counseling and Psychotherapy study guide questions and answers. Theory and Practice of Counseling and Psychotherapy, Author: Gerald Corey - StudyBlue

## **Theory and Practice of Counseling and Psychotherapy ...**

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A comparative study of counseling theories and techniques. used by practicum students and those used by former graduates. This study is designed to determine what theories and techniques, taught in the U N O. Counseling. Education Program, are currently being used by graduates in the field of counseling.

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## **A comparative study of counseling theories & techniques ...**

The text is divided into the following three parts: "Foundations for Individual Counseling and Psychotherapy," "Theories of Counseling and Psychotherapy," and "Constructivist Theories and Creative Approaches."

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Part 1, “Foundations for Individual Counseling and Psychotherapy” (Chapters 1 and 2), begins by offering general information about the helping relationship and individual counseling as well as information on brief approaches to counseling and psychotherapy.

## **Theories and Interventions -**

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## **American Counseling Association**

are intended to orient an individual program of study, which encompasses additional research and investigation. ...

Module II: Addiction Counseling Theories, Practices and Skills [9] THE BASICS OF ADDICTION COUNSELING DESK

REFERENCE MARIA - A CASE STUDY To assist in applying the varying theoretical

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approaches to addiction counseling,

## **THE BASICS OF ADDICTION COUNSELING: DESK REFERENCE**

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## **STUDY GUIDE: Licensed Clinical Social Worker Exam**

This course focuses on the different theories of counseling. Many of the



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major theories will be explored in depth. Among the theories to be covered are REBT, TA, Gestalt, Behavioral, Psychoanalytic, and Adlerian. Also emphasized will be the impact therapy/creative counseling approach. Course Objectives: The objectives of this course are to . 1. Increase understanding of counseling theories 2.

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## **Counseling Theories**

Affective Counseling Theory: Definition & Key Principles Some counseling theories center on a person's thoughts or behavior. In affective counseling theory, the focus is on emotions and feelings....

## **Counseling Theories - Videos &**

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## **Lessons | Study.com**

This supplementary resource to *Counseling and Psychotherapy Theories in Context and Practice, Second Edition* will further deepen your understanding of three key components of counseling and psychotherapy theory and practice: self-awareness, knowledge, and application and skill development. This

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period of time, called distributed practice, results in better learning than massed practice, also called cramming.

## **Addiction Counselor Exam Study Guide: 2018**

Joseph Breuer. neurologist who taught Freud 'talking cure', or 'catharsis'. Rollo May. existentialist and prime move in

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this counseling movement. Berne's Transactional Analysis (TA) posits 3 ego states. the Child (like id) the Adult (like ego) the Parent (like superego) Freud's 3 psychosexual stages.

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of Addiction Counseling Desk Reference, 11th Edition - Three Independent Courses in One! The Basics of Addiction Counseling Desk Reference, 11th Edition is a three-volume set that has aided many addiction professionals in attaining their state and national credentials with its thorough and easy to understand descriptions of counseling

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concepts.

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Theories of Counseling for Addiction Treatment. Psychoanalytical Theory ( Sigmund Freud) Individual Psychology ( Alfred Adler) Person-Centered ( Carl Rogers) Existential Counseling ( Rollo May and Viktor Frankl)

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